

## TERENCE LEWIS: SENSATIONAL!

On the 24<sup>th</sup> of August, the day before Founders' Day, Team Aether made their way to Alila Diwa Goa for an exclusive interview with Terence Lewis, this year's Guest of Honour. As we waited in nervous anticipation, Terence strolled in wearing a brown tee with a smattering of small holes all over, clean shaven, the sides of his head bare. He's got quite a jarring sense of style, which he carries off with great poise. Having charmed us all, he spent the next hour talking to us over masala chai. Intelligent, free, and very open-minded, he made the interview a fruitful and engaging one.

The 42 year old dancer-choreographer has been immensely successful, and he has worked his way to the top. Along with an intrinsic talent for dance, he has unparalleled technique and an undying love for the stage. He also reads a lot, and



is passionate about learning new things. He's in the process of refining his skills in a couple of languages, and is also learning to play the guitar, no less. He's got a practical, realistic outlook - something that he manages to maintain alongside all the romance and floridity of art, and the funkiness of the typical artist.

He narrated, at length, crucial parts of his life that made him the person he is today - right from his family environment, his learning experiences, and educational forays, to his time in the limelight. He sure gave us a lot to think about, and regaled us with stories laced with knowledge about how the world works - passing on life lessons that he'd learnt the hard way during his journey. In the next issue, dear readers, Team Aether will give you the entire scoop - wait for it!

**BY MS. AARATI JOSHI**

## COUNCIL INSTALLED

On 18<sup>th</sup> of August 2016 the Student and Sport Council of Parvatibai Chowgule College of Arts and Science was inaugurated at the hands of our esteemed dignitaries, Dr. Nandkumar Sawant (Principal of Chowgule College), Sairaj Dhond (Chief Guest), Sangrail Carvalho (Guest of Honour) and Dr. Devashish Bagchi (Faculty Advisor). The Student Council are direct representatives of the student body, elected by the masses to serve them. A group of fourteen who vowed to serve the college and have its best interests. The ceremony began with the melodious tunes of Ms. Nishigandha Deshpande followed by lighting of the lamp by the dignitaries and council members. The ex- General Secretary and Chairperson; Mr. Sahil Prabhudesai and Ms. Sangrail Carvalho handed over the badges to the newly elected G.S and Chairperson; Ms. Shreya Jain and Ms. Anjali Mascarenhas. This was followed by the badging of the newly elected council. Our Principal, Chief Guest and Guest of Honour inspired the students on how to be leaders and move forward as a contingent while growing together. The ceremony ended on high note with everyone present joining in and singing the National Anthem with pride.

**BY MS. ANNALLISE BENJAMIN**

## Is 75% Attendance Necessary

According to the policies of Parvaribai Chowgule College a student must have a minimum of 75% attendance to be eligible to answer their semester end exams. Most of the students think that the 75% attendance should not be made compulsory because they feel it hinders their opportunities to take part in extracurricular activities, inter - college events and sports events. Also, all - rounder students who feel like they can catch up with the syllabus they missed feel constricted by this policy as it holds them back from taking part in non - academical

events.

On the other hand, the down side of completely doing away with this policy would be that a lot of students would misuse this new - found freedom and suffer in their academics. Being college students it's not as though we are entirely oblivious to the importance of our classes but at the same time a little discipline is required. Therefore, a lot of students feel that instead of 75% attendance, if only 50% of attendance would be made compulsory, they would be free to take part in non - academical events without constantly having to worry if their attendance is up to the mark.

**BY MS. SHRUTI YADAV**

## MR. SOMU RAO SPEAKS ON SCIENTIFIC AWARENESS

The President of Goa Science Forum, Mr. Somu Rao, will be giving a talk on Scientific Awareness at Chowgule College on the 29th of August.

Mr. Rao is a Tedx speaker who has conducted over a thousand workshops, and was the National Secretary of the Federation of Indian Rationalist Organisation. He is associated with the Department of Science and Technology at NCSTC, New Delhi, and is also a member of the Indian Committee for Scientific Investigation of Claims of the Paranormal.

The event is organised by the Speakers Club of Chowgule College, in collaboration with the Students' Council. It will be held in the Upper Auditorium from 10.15 am to 12.15 pm, and is open to both students and visitors - with an entry fee of Rs.50 for the latter.

**BY MS. AARATI JOSHI**



**SPEAKERS' CLUB**  
IN COLLABORATION WITH STUDENTS' COUNCIL



### TALK ON SCIENTIFIC AWARENESS

Mr. Somu Rao

**TEDXspeaker**



- #President of Goa Science forum
- #Ex-National Secretary of Federation of Indian Rationalist Association.
- #Associated with NCSTC, Dept. of Science and Tech, New Delhi.
- #Member of the Indian Committee for Scientific Investigation of Claims of the Paranormal
- #And has conducted over 1000 workshops

**Venue**  
Chowgule College Autonomous,  
Upper Auditorium

**Date** 29 Aug 2016

**Time** 10:15AM - 12:15PM



## MEET YOUR STUDENTS' COUNCIL:

### SHREYA JAIN - GENERAL SECRETARY

She wants to create a platform for people to display their talents and creativity. Also she wants to help establish clubs for the same. Along with introducing a couple of events for the students of the college to participate in. A lover of cooking, travelling and reading, She is also plays handball, Table tennis and throwball. An elocutionist, dramatist as well as takes part in debates. She has her own business called 'Take a Bake'.



### ANJALI MASCARENHAS - CHAIRPERSON

If I had to describe myself in three words, they would be tiny, loud and bubbly. I'm an avid reader and I love to



able to build a strong foundation. Along with collaborating with the different departments to send students for various competitions across the state and if possible at a national level. Our annual magazine will bear interesting content giving the budding writers of our college a push.

### JAIKESHI KADAM - LITERARY AND MAGAZINE SECRETARY

The job of a Literary Secretary is more than just to write speeches. They are someone who is perceived to be good in writing, reading and has overall knowledge of different languages. Therefore as Literary and Magazine Secretary I would make sure that: Our yearly magazine has quality write up material, try to set up a committee of students from different language departments and organise various competitions.



### VALENCIA DIAS-STUDENTS AID FUND REPRESENTATIVE

She has presented a paper at National Level Interdisciplinary Conference at Kankavli, Maharashtra. Been a part of the organizing committee for Sociofest and Geographize. She is very friendly and is always game for every event. She has played basketball for seven years and is currently representing the college team.

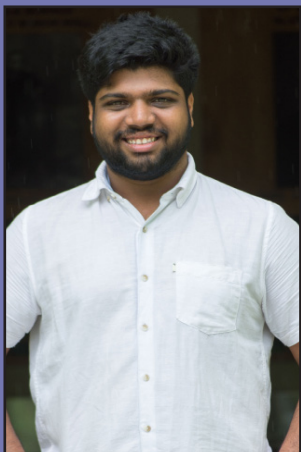


## MEET YOUR COUNCIL MEMBERS!

write. I'm also an accomplished pianist. Honestly my main aim is to ensure Tathastu is awesome this year. Also, I'd like for Chowgules to win all the intercollegiate competitions we lost last year by creating and preparing teams to compete.

### PALASH AGNI - CULTURAL SECRETARY

College participation in maximum events organised by other colleges and institutions and not only participation but try to win those events. I would like to organise events in college where most of the students will get to enjoy and learn to organise events. The only intention is to work together and to bring glory to the Cultural Club.



### SEJAL SHETTY- DEBATE SECRETARY

Language Skills are very important in development of one's professional personality. She will try that each student's exposed to such an atmosphere which will help them in better establishment of themselves in life.

### SAHEEL NAIK- DRAMATICS SECRETARY

A lover of Maths who is currently pursuing his degree in the same subject. A musical enthusiast who plays the harmonium as well as the tabla. As the Dramatics Secretary he would love to form a team who can participate in various inter-college events.



### RASMI SAMANT- SCIENCE SECRETARY

The semi-finalist for the Kingfisher Voice of Goa. She has learnt classical music and has taken part in various events. She loves travelling and singing and is currently pursuing Chemistry.



### ANNALISE BENJAMIN -LITERARY & MAGAZINE SECRETARY

Languages help you perceive life in a whole new light. My aim is to ignite this flame within the students of the college so that they understand the importance of languages in their lives. I would like to invite eminent personalities to the college so that the students do not have to seek inspiration elsewhere. By starting clubs and promoting literature we will be




### SANDEEP JADHAV- CANTEEN REPRESENTATIVE

He is determined to be cheerful and happy in whatever situation he may find himself. An extrovert who doesn't believe in being reserved. He likes to mingle with people all around and do whatever he can for peoples betterment. He believes that everyone has highs and lows in their lives but they have to learn from it. Every morning we should start off with the motto that it is going to be a good day.

CONTD. PG 3



  
AETHER - EDITORIAL

Good players inspire themselves but great players inspire others. Sports has power to change the world. It can create hope where once there was despair. It has a power to inspire. So here we are with another issue of Aether-based on sports and as well as about the college council and other interesting stories.

I hope you enjoy reading this issue.

Happy reading guys!!

Ms. Vruksha Karmali  
Editor

VAISHNAVI PRABHU-  
ENVIRONMENT SECRETARY

As Environment Secretary she intends on making the college more attractive and beautiful than at present by planting trees and overall cleanliness. She wants to renovate the greenhouse which most students are currently unaware of.

As a representative of S.Y.Bsc she would want to resolve the problems of students and work for their best interest.



TUSHAR VASKAR- TECH SECRETARY

Currently he is pursuing his MSc-IT and working as a lead graphics designer for Chowgule FOSS Club. He specialises in web designing, logo designing and photo manipulation. According to him his job as a designer is to make everything look good. He also likes to make videos for different events. As Tech Secretary, he intends on providing inputs for different events organised by the council and college. Handling social media and helping in every possible manner.



DANCE - A SPORT  
AND ART!

“Dance is something which involves, all forms of physical activity, through organised participation, to improve physical fitness and mental well-being, forming social relationships through expressions and involvement.” It is said that dance can be equally considered as a sport.

I believe that dance is a sport because it has the same components as any other sport. One needs to be flexible, strong, have stamina and most importantly have a love for what they do, to be able to dance well. In any other sport you need to work hard, and that is exactly what the dancers do. A dancer must certainly achieve physical agility, stamina and strength in their profession and physical skill must be mastered. Dancing, no matter what the type, has all the elements of a sport. It requires physical endurance,



as steps and routines are quick and include a range of movements and motions. It requires coordination to turn and spin as well as discipline to learn and perfect all the choreography. It also requires dancers to practice often.

Dance is an art because with dance you are able to tell a story without using your mouth. Through your choreography and your facial expressions, you are able to completely change yourself into another character. The expression of human creative skill and imagination are used to express your emotions through dance. Through the techniques and steps of a dancer, a visual artwork is created. Through the music and coordinated moves, emotions are evoked from the audience.

Clearly dance is very unique activity because it can be classified as both a sport and an art.

BY MS. VRUKSHA KARMALI

KATHA  
CHOWGULE COLLEGE


‘I HAVEN’T BEEN DEPRESSED LATELY AND THAT IS REALLY GOOD’

“I was 14 when we moved from Dubai to Goa. It was a sudden, unexpected change and I was unaccustomed to it. The whole shifting was pretty hard on me and to top it all I had issues in school. I got into Sunshine and after 4 months of being there I had to leave it. That’s when depression hit me. Basically this school was in the process of shifting to ICSE board which was not accepted and they did not get their affiliation. Some of my batch mates moved to Sharda Mandir while some shifted to other Goa Board schools and I was left in total confusion. The only good advice at that point of time was to stay at home for the rest of the year. I did not tell anyone about what I was going through at that point of time. I was all alone, had no friends and missed Dubai more than ever. I always thought, talking about it to my mother would be overbearing for her as she had too many things on her plate. Keeping it all to myself I shifted to Green Rosary in Dona Paula and that’s where things hit me all the more. Other students bullied me. They bullied me for the silliest reasons possible and being an NRI was possibly one of them. I hated it all. I was always a sensitive child and this made everything worse. Things only got worse until one day I told my parents about it I got on meds.


It’s been 5 years now. At times I regret not having told anybody about it and harming myself. It’s always been in phases. I don’t really know what triggers it. Anything can trigger it and then I’m down for almost a month. I also have things keeping me busy. But now that my friends and family know about it I feel better and safe. But yeah, let’s just hope for the best.”

-by Ms. Archa Sinai Sancou

REGAN RODRIGUES - LIBRARY  
REPRESENTATIVE



MAYUR ATVEKAR- DRAMATICS  
SECRETARY







## SPORTS COUNCIL

One should inspire oneself to inspire others, says the Chief guest Mr Sairaj Dhond at Parvatibai Chowgule college on the occasion of Students' and Sports council inaugural on 18th August 2016.

The oath was administered by the Sports Director Dr. Devashish Bagchi during the ceremony. Aishvarya Joshi was newly elected as the General Secretary and Mukesh Pandey was elected as the Chairman of the Sports Council for the year 2016-2017.

The sports council is a statutory body of the college which plays a supervisory role in promoting sports education. The main aim of the council is to manage, coordinate and supervise various sports activities and helping in building up generalised interest among the students in the field of sports. Which improves the standard of competition in the college.

The sports council conducts different sports events for students of different colleges in Goa and hence provides a platform for the students to showcase their talents in the different fields of sports.

**BY GAYATRI HONAWARKAR**

## THE UPPER HAND: PROVED

It was really amazing to see Shobhaa De get trolled on the internet for making a very foolish comment on our Indian Olympians, much to everybody's surprise they were women who proved her so wrong. This year at Rio Olympics 2016 India did not really perform well but it was really amazing to see women athletes perform so well. We have Dipa Karmakar who represented India for gymnastics making her the first Indian to the fourth best in the world. A country where gymnastic is mocked and called monkey's drill we have a lady standing proud, proving all the fools wrong. We also have a young golfer Ms. Aditi Ashok who represented India for a sport known to very few people across the Indian subcontinent itself. Here we have women setting a bench-mark for men now. And yes we have a lady who ran till her body could no longer bare the exertion again making loud noise which shuts down the mouth of the stereotypes. Not ignoring the two medalists Sakshi Malik who wrestled till she could get India its first medal at the Rio Olympics 2016 and following her was P.V. Sindhu who made a country where



## Pullela Gopichand: The Mastermind

Pullela Gopichand, a former decorated badminton champion, now an Indian badminton coach at Gopichand Badminton Academy, continues to bring pride to his nation by producing ace badminton shuttlers like Saina Nehwal,



who won the bronze medal at the London Olympics 2012 and claimed the title of world no.2 under his guidance, Kidambi Srikanth, P Kashyap, Gurusai Dutt and HS Prannoy and of course P.V. Sindhu won India its first silver medal of the Rio Olympics 2016 being the youngest Indian to ever win an Olympic medal and the first Indian woman to win a silver medal. P. Gopichand has left no stone unturned to showcase the talent of these young inspiring athletes; with strict rules set for all his students, Gopichand believes that hard work and sacrifices is the key to an individual's success. He believes that, sheer determination and strong will power will help you overcome any obstacle. He is said to be a man of less talk and more work and doesn't stop until he achieves his goal, which proves to be a precise description through his displayed work. He has raised the bar for any Indian coach, being one of the few Indian coaches, who have tasted success at such a high standard repeatedly. Our country needs coaches like Gopichand- A hard worker, a disciplinarian, a revolutionist, and a game changer, for his has changed the way Indians thought of badminton- a lost sport that could never be revived. But in 2008, Gopichand did revive badminton, with the introduction of Saina Nehwal at the Beijing Olympics and from then on his mission of making India one of the best badminton playing countries has never stopped. He still dreams of India clinching the gold medal for badminton at the Olympics and says that his dream won't die out till he fulfills it and 2020 Tokyo Olympics India will clinch a medal.

**BY MS. PRIYANKA AFONSO**

cricket is given the most importance to sit back with their families and watch her as she fought the final battle to get her position as the world's second best female badminton player also leaving the country proud and cheerful. These young girls worked their way through proved themselves and got what they deserved. So all those ladies reading this do look forward of being featured in Aether soon.

by Ms. Simran Prabhu Malkarnekar

## NARSINGH YADAV: OUT OF RIO OLYMPICS

India recently competed at the 2016 Summer Olympics in Rio de Janeiro, Brazil, from 5 to 21 August 2016. And although Sindhu (silver), wrestler Sakshi Malik (bronze) and gymnast Dipa Karmakar (creditable fourth) were the top stars among the Indian contingent, the news of Narsingh Pancham Yadav being debarred from representing India at



the Rio Games in 74kg freestyle wrestling event was heart-breaking.

After securing the quota by winning the bronze at Worlds in 2015, he had to fight a court battle with Sushil Kumar who was also eyeing the place in same category. The Delhi High Court rejected Sushil's plea and Narsingh is India's official entry to Rio. In July, Narsingh failed a dope test and his representation was once again in doubt. He claimed conspiracy in the dope test and later NADA ruled that there was sabotage in this case and was slapped with a four-year ban by CAS for flunking a dope test following WADA's challenge to the clean chit given to him by NADA. Dope-tainted Narsingh Yadav later admitted that his career would be over if the four-year ban imposed on him by the Court of Arbitration for Sports (CAS) is not reviewed and said that the country should take up his case as India lost out on an Olympic medal in 74kg category.

**BY MS. LORETTA RODRIGUES**

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